

Volunteering Exploration Activity

The goal of this sheet is to help you explore what volunteer options connect with your goals, interests, and work for you logistically. If you need assistance please contact the Center for Experiential Education, ExperientialEducation@normandale.edu, (952) 358-8119.

List 3 things you are passionate about. Think of your hobbies, classes you enjoy, your interests.

1. _____
2. _____
3. _____

What are 3 goals you have for volunteering?

1. _____
2. _____
3. _____

Do you want to volunteer close to home or close to Normandale? _____

Are you open to traveling to another city to volunteer? _____

Do you drive, use public transportation, or rely on someone else for a ride? _____

List 5 potential Volunteer sites or types of volunteer sites you may be interested in.

Need ideas? Go to the "Key Partners" link on the Center for Experiential Education website (www.normandale.edu/cee). For additional options visit <https://normandale.givepulse.com/>, www.handsonwincities.org and/or www.volunteermatch.org where you can search by location and interest.

1. _____
2. _____
3. _____
4. _____
5. _____